Nook & Nature
By Neha Kunal Deshmukh

FERTILIZER CYCLE & CARE GUIDE

Simple steps for healthy , happy plants

Russian Sage

Category
Flowering Succulent

Family
Crassulaceae

Common Name
Rock Orchid

Vairty of colour

Description
Russian Sage is a bushy perennial with silvery-grey aromatic leaves and tall stems covered with small lavender-blue to purple flowers. It usually grows about 60–120 cm tall and looks especially attractive when planted in groups.

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Watering

💧 **Water only when the soil is dry.**

- Summer: Once every 7–10 days
- Winter: Once every 15–20 days
- Avoid overwatering

Temperature

🌡️ Best Temperature
• 18°C to 28°C
Can Tolerate
• 10°C to 35°C
Protect from frost and freezing temperatures.

Sunlight

☀️ Loves bright light.
Ideal Light
• 3-5 hours of morning sunlight
• Bright indirect light indoors

Fertilizer

🌱 Feed once every month during spring and summer.
Recommended Fertilizers
• Succulent Fertilizer
• NPK 19:19:19 Liquid Fertilizer

Soil

🪴 Requires very well-draining succulent soil.
Simple Soil Mix
• 40% River Sand or Perlite
• 40% Garden Soil
• 20% Cocopeat or Compost

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Humidity

💨 Prefers low humidity.
Ideal Humidity
• 30%–50%

Reproduction

🌿 Very easy to propagate through stem cuttings, division, and leaf cuttings.
Stem Cutting Method (Best Method)

1. Cut a healthy stem 8–10 cm long.
2. Let the cut end dry for 1 day.
3. Plant it in well-draining succulent soil.

Benefits

🌿 Easy to propagate through leaves, offsets, and seeds.
Leaf Propagation

1. Gently remove a healthy leaf.
2. Allow it to dry for 1–2 days.

Difficulty Level: Easy 🌿

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🌞 Outdoor gardens
🪴 Large decorative pots
🌵 Succulent collections
🏢 Commercial landscapes

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Plot No. 24/2 Balaji Lucky Point, Old Cotton Market Road,
Shree Agro Agencies, Balaji Lucky Point, Amravati, Amravati,
Maharashtra, 444601
+91 9284008858
support@nookandnature.in
www.nookandnature.in
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