



Nook & Nature

By Neha Kunal Deshmukh

FERTILIZER CYCLE & CARE GUIDE

Simple steps for healthy , happy plants

Mealycup Sage Plant



Category

 Ornamental

Family

 Asteraceae

Common Name

Mealycup Sage

Vairty of colour



Description

Mealycup Sage is a bushy, upright flowering plant with aromatic green leaves and tall spikes of small blue, violet, purple or sometimes white flowers. It usually grows around 30–90 cm tall, depending on the variety. It flowers for a long period from spring or early summer until frost and attracts bees, butterflies and hummingbirds.



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Watering

💧 **Water only when the soil is dry.**

- Summer: Once every 7–10 days
- Winter: Once every 15–20 days
- Avoid overwatering

Temperature

🌡️ **Best Temperature**

- 18°C to 28°C

Can Tolerate

- 10°C to 35°C

Protect from frost and freezing temperatures.

Sunlight

☀️ **Loves bright light.**

Ideal Light

- 3-5 hours of morning sunlight
- Bright indirect light indoors

Fertilizer

🌱 **Feed once every month during spring and summer.**

Recommended Fertilizers

- Succulent Fertilizer
- NPK 19:19:19 Liquid Fertilizer

Soil

🌿 **Requires very well-draining succulent soil.**

Simple Soil Mix

- 40% River Sand or Perlite
- 40% Garden Soil
- 20% Cocopeat or Compost



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Humidity

☁️ Prefers low humidity.

Ideal Humidity

• 30%–50%

Reproduction

🌱 Very easy to propagate through stem cuttings, division, and leaf cuttings.

Stem Cutting Method (Best Method)

1. Cut a healthy stem 8–10 cm long.
2. Let the cut end dry for 1 day.
3. Plant it in well-draining succulent soil.

Benefits

🌱 Easy to propagate through leaves, offsets, and seeds.

Leaf Propagation

1. Gently remove a healthy leaf.
2. Allow it to dry for 1–2 days.

Difficulty Level: Easy 🌱

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🪴 Large decorative pots

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