



Nook & Nature

By Neha Kunal Deshmukh

FERTILIZER CYCLE & CARE GUIDE

Simple steps for healthy , happy plants

Japanese Astilbe Plant



Category

 Ornamental

Family

 Asteraceae

Common Name

Japanese Astilbe

Vairty of colour



Description

Japanese Astilbe is a beautiful clump-forming perennial with glossy, fern-like green leaves. It produces upright, soft and feathery flower plumes above the foliage. The natural species mainly has white flowers, while cultivated Japanese Astilbe varieties are available in white, pink, rose and red shades. It generally reaches about 45–80 cm tall.



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Watering

💧 **Water only when the soil is dry.**

- Summer: Once every 7–10 days
- Winter: Once every 15–20 days
- Avoid overwatering

Temperature

🌡️ **Best Temperature**

- 18°C to 28°C

Can Tolerate

- 10°C to 35°C

Protect from frost and freezing temperatures.

Sunlight

☀️ **Loves bright light.**

Ideal Light

- 3-5 hours of morning sunlight
- Bright indirect light indoors

Fertilizer

🌱 **Feed once every month during spring and summer.**

Recommended Fertilizers

- Succulent Fertilizer
- NPK 19:19:19 Liquid Fertilizer

Soil

🌿 **Requires very well-draining succulent soil.**

Simple Soil Mix

- 40% River Sand or Perlite
- 40% Garden Soil
- 20% Cocopeat or Compost



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Humidity

 Prefers low humidity.

Ideal Humidity

• 30%–50%

Reproduction

 Very easy to propagate through stem cuttings, division, and leaf cuttings.

Stem Cutting Method (Best Method)

1. Cut a healthy stem 8–10 cm long.
2. Let the cut end dry for 1 day.
3. Plant it in well-draining succulent soil.

Benefits

 Easy to propagate through leaves, offsets, and seeds.

Leaf Propagation

1. Gently remove a healthy leaf.
2. Allow it to dry for 1–2 days.

Difficulty Level: Easy 

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