



**Nook & Nature**

By Neha Kunal Deshmukh

# Plant Care Guide

Simple steps for healthy , happy plants



## Rubber Fig

(Ficus elastica 'Robusta')

Rubber Fig, also known as Ficus elastica 'Robusta,' is a popular indoor plant with large, glossy leaves. It has a robust and upright growth habit, making it a great statement plant. The leaves are typically dark green, but 'Robusta' cultivar is known for its deep, rich green foliage.



**Nook & Nature**

By Neha Kunal Deshmukh

**Origin:** Southeast Asia, specifically India, Bhutan, Nepal, and Indonesia

**Care Level & Placement:** Easy Care, Indoor plant



### Light

Rubber Fig thrives in bright, indirect light. It can tolerate lower light conditions, but too little light may slow down its growth. Avoid direct sunlight, as it can scorch the leaves. Place it near a window with filtered light or in a well-lit room.



### Water

Keep the soil consistently moist but not waterlogged. Water when the top inch of the soil feels dry, typically every 1-2 weeks. Use room-temperature water to prevent shocking the plant. Maintain high humidity by misting the fronds regularly or placing a tray of water nearby.



### Soil

Water the Rubber Fig when the top inch of soil feels dry. It prefers slightly moist but not waterlogged conditions. Allow the excess water to drain away, as sitting in water can lead to root rot. Adjust the watering frequency based on the environment and season.



### Fun fact

Provide well-draining soil that retains some moisture. A mixture of peat moss, perlite, and regular potting soil works well for Rubber Fig. Good drainage is important to prevent waterlogging and promote healthy root growth.



**Nook & Nature**

By Neha Kunal Deshmukh



### **Pet Friendliness**

Rubber Fig is considered toxic to pets if ingested. Keep it out of reach of cats, dogs, and other animals that may chew on the leaves. Contact with the sap may also cause skin irritation in sensitive individuals.



### **Stress Signs**

**Drooping Leaves:** If the Rubber Fig's leaves are drooping or becoming limp, it may indicate underwatering. Check the moisture level of the soil and water the plant thoroughly. Ensure proper drainage to prevent waterlogging.

**Leaf Discoloration:** Yellowing or browning of leaves can be a sign of overwatering or underwatering. Evaluate the soil moisture and adjust the watering routine accordingly. Avoid overwatering and ensure the plant is not sitting in water for extended periods.

**Leaf Loss:** Excessive leaf drop can occur due to sudden changes in lighting conditions, temperature, or improper watering. If the Rubber Fig is placed in a significantly different environment, it may undergo leaf shedding as it adjusts. Maintain consistent care and avoid drastic changes to prevent excessive leaf loss.

**Botanical Family:** Moraceae

**Botanical Name:** Ficus elastica 'Robusta'

**Common Name:** Rubber Fig, Rubber Plant, Rubber Tree



Plot No. 24/2 Balaji Lucky Point, Old Cotton Market Road,  
Shree Agro Agencies, Balaji Lucky Point, Amravati, Amravati,  
Maharashtra, 444601



+91 9284008858



support@nookandnature.in



www.nookandnature.in



GST NO. 27ENHPD4122G1ZB

