



Nook & Nature

By Neha Kunal Deshmukh

FERTILIZER CYCLE & CARE GUIDE

Simple steps for healthy , happy plants

Peppermint Plant



Category

Culinary, Medicinal

Family

Boraginaceae

Common Name

- Bee Bread
- Bee Plant

Vairty of colour



Description

It produces small pink, purple, or lavender flowers during the flowering season. Peppermint is commonly used in tea, desserts, beverages, salads, toothpaste, candies, essential oils, and herbal remedies.



Nook & Nature

By Neha Kunal Deshmukh

Watering

💧 **Water only when the soil is dry.**

- Summer: Once every 7–10 days
- Winter: Once every 15–20 days
- Avoid overwatering

Temperature

🌡️ **Best Temperature**

- 18°C to 28°C

Can Tolerate

- 10°C to 35°C

Protect from frost and freezing temperatures.

Sunlight

☀️ **Loves bright light.**

Ideal Light

- 3-5 hours of morning sunlight
- Bright indirect light indoors

Fertilizer

🌱 **Feed once every month during spring and summer.**

Recommended Fertilizers

- Succulent Fertilizer
- NPK 19:19:19 Liquid Fertilizer

Soil

🌿 **Requires very well-draining succulent soil.**

Simple Soil Mix

- 40% River Sand or Perlite
- 40% Garden Soil
- 20% Cocopeat or Compost

Sowing Information

North India

✓ January–March

✓ June–July

Maharashtra & Central India

✓ June–August

✓ October–December



Nook & Nature

By Neha Kunal Deshmukh

Humidity

 Prefers low humidity.

Ideal Humidity

• 30%–50%

Reproduction

- 1 Sow fresh seeds.
- 2 Keep soil moist.
- 3 Transplant if necessary.

Benefits

 Easy to propagate through leaves, offsets, and seeds.

Leaf Propagation

1. Gently remove a healthy leaf.
2. Allow it to dry for 1–2 days.

Difficulty Level: Easy

-  Homes with sunny balconies
-  Outdoor gardens
-  Large decorative pots
-  Succulent collections
-  Commercial landscapes

Nook & Nature

click the button for shopping

 Plot No. 24/2 Balaji Lucky Point, Old Cotton Market Road,
Shree Agro Agencies, Balaji Lucky Point, Amravati, Amravati,
Maharashtra, 444601

 +91 9284008858

 support@nookandnature.in

 www.nookandnature.in

GST NO. 27ENHPD4122G1ZB

