

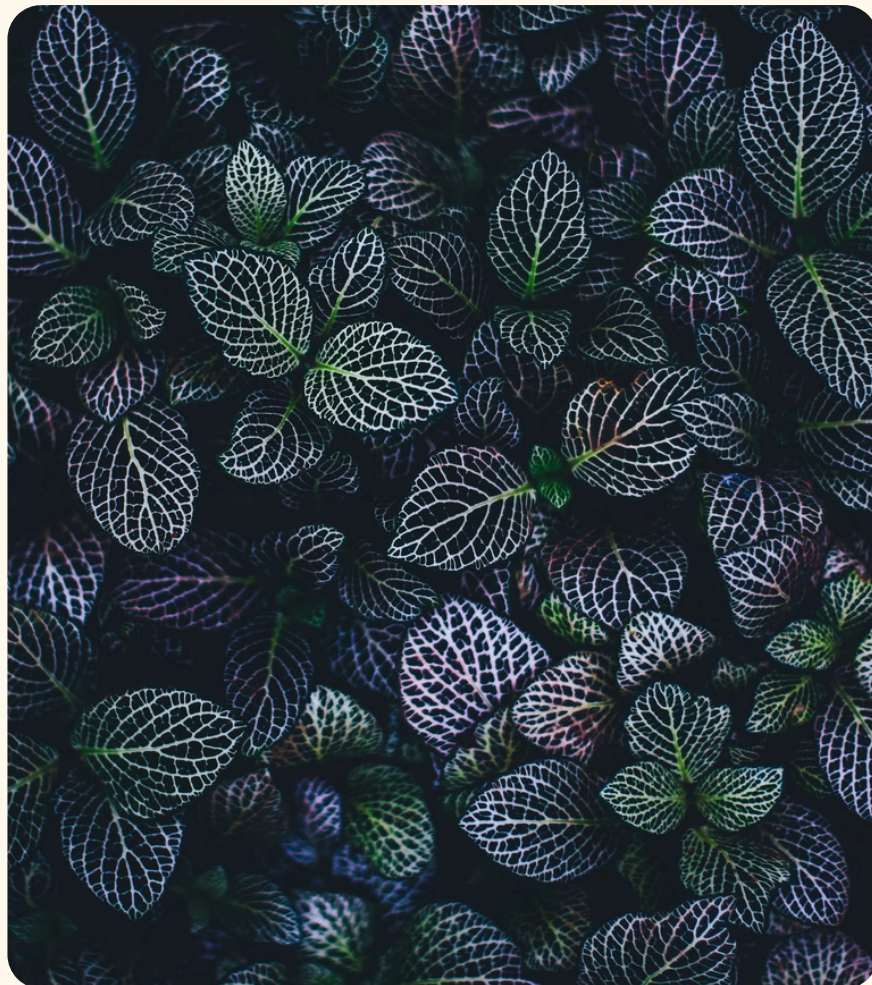


Nook & Nature

By Neha Kunal Deshmukh

Plant Care Guide

Simple steps for healthy , happy plants



Nerve Plant

(Fittonia spp.)

Nerve Plant, also known as Fittonia, is a small, low-growing plant with vibrant and colorful foliage. It is characterized by its striking veined leaves, which come in various shades of green, pink, and white. The delicate and intricate patterns on the leaves give it a unique and eye-catching appearance.



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Origin: Tropical rainforests of South America

Care Level & Placement: Easy to Medium Care, Indoor Plant

Light



Nerve Plant prefers bright, indirect light. Avoid exposing it to direct sunlight, as it can scorch the leaves. Place it near a north or east-facing window where it can receive filtered light. If the light is too low, the plant may become leggy, so provide supplemental artificial lighting if needed.

Water



Keep the soil consistently moist but not waterlogged. Nerve Plant is sensitive to both underwatering and overwatering. Check the moisture level regularly and water when the top inch of soil feels slightly dry. Use room temperature water and avoid letting the plant sit in standing water.

Soil



Plant Nerve Plant in a well-draining potting mix. A combination of peat moss, perlite, and coarse sand works well to provide good drainage while retaining some moisture. Ensure the pot has drainage holes to prevent waterlogging and root rot.

Fun fact



Nerve Plant gets its name from the prominent veins that resemble the nerves in a leaf. These veins not only add to its visual appeal but also contribute to its ability to thrive in humid environments.



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Pet Friendliness

Nerve Plant is generally considered safe for pets. However, as with any houseplant, it's always a good idea to monitor your pets around the plant and discourage them from chewing on the leaves or other parts.



Stress Signs

Wilting Leaves: If the leaves of the Nerve Plant are wilting or drooping, it may indicate underwatering or overly dry conditions. Check the moisture level of the soil and ensure you are providing adequate water to keep the soil consistently moist.

Browning Leaf Edges: Browning or crispy leaf edges can be a sign of low humidity or inadequate watering. Nerve Plant prefers higher humidity levels, so misting the leaves or placing a humidity tray nearby can help. Avoid overwatering, as it can also lead to leaf browning.



Botanical Family: Acanthaceae

Botanical Name: Fittonia spp.

Common Name: Nerve Plant



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