



Nook & Nature

By Neha Kunal Deshmukh

FERTILIZER CYCLE & CARE GUIDE

Simple steps for healthy , happy plants

Lifesaver



Category

🌿 Succulent Plant

Family

🌿 Apocynaceae

Common Name

🌿 Lifesaver Plant
🌿 Lifesaver Cactus

Vairty of colour



Description

🌿 Lifesaver Plant (*Huernia zebrina*) is a unique succulent native to Southern Africa. It has green, fleshy, four-sided stems with small teeth along the edges. The plant is famous for its unusual flowers that resemble a candy lifesaver — yellow and maroon star-shaped petals surrounding a shiny dark-red ring in the center.



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Watering

💧 **Water only when the soil is dry.**

- Summer: Once every 7–10 days
- Winter: Once every 15–20 days
- Avoid overwatering

Temperature

🌡️ **Best Temperature**

- 18°C to 28°C

Can Tolerate

- 10°C to 35°C

Protect from frost and freezing temperatures.

Sunlight

☀️ **Loves bright light.**

Ideal Light

- 3-5 hours of morning sunlight
- Bright indirect light indoors

Fertilizer

🌱 **Feed once every month during spring and summer.**

Recommended Fertilizers

- Succulent Fertilizer
- NPK 19:19:19 Liquid Fertilizer

Soil

🌿 **Requires very well-draining succulent soil.**

Simple Soil Mix

- 40% River Sand or Perlite
- 40% Garden Soil
- 20% Cocopeat or Compost



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Humidity

☁️ Prefers low humidity.

Ideal Humidity

• 30%–50%

Reproduction

🌱 Easy to propagate through stem cuttings and division.

Stem Cutting Method

1. Cut a healthy stem.
2. Allow it to dry for 2–3 days.
3. Plant it in dry succulent soil.

Benefits

Attractive spotted leaves

- ✓ Compact and slow-growing
- ✓ Drought tolerant

Difficulty Level: Easy 🌱

- 🏠 Homes with sunny balconies
- ☀️ Outdoor gardens
- 🌿 Large decorative pots
- 🌵 Succulent collections
- 🏢 Commercial landscapes

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