



Nook & Nature

By Neha Kunal Deshmukh

FERTILIZER CYCLE & CARE GUIDE

Simple steps for healthy , happy plants

Helmut's Living Stone



Category

🌿 Tropical

Family

🌿 Apocynaceae

Common Name

🌿 Helmut's Living Stone
🌿 Living Stone Plant

Vairty of colour



Description

🌿 Helmut's Living Stone (*Lithops helmutii*) is a tiny succulent native to South Africa. It resembles small stones or pebbles, which helps it blend into its natural habitat. The plant consists of two thick fleshy leaves separated by a central fissure. In autumn, beautiful white or yellow daisy-like flowers emerge from the center.



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Watering

💧 **Water only when the soil is dry.**

- Summer: Once every 7–10 days
- Winter: Once every 15–20 days
- Avoid overwatering

Temperature

🌡️ **Best Temperature**

- 18°C to 28°C

Can Tolerate

- 10°C to 35°C

Protect from frost and freezing temperatures.

Sunlight

☀️ **Loves bright light.**

Ideal Light

- 3-5 hours of morning sunlight
- Bright indirect light indoors

Fertilizer

🌱 **Feed once every month during spring and summer.**

Recommended Fertilizers

- Succulent Fertilizer
- NPK 19:19:19 Liquid Fertilizer

Soil

🌿 **Requires very well-draining succulent soil.**

Simple Soil Mix

- 40% River Sand or Perlite
- 40% Garden Soil
- 20% Cocopeat or Compost



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Humidity

☁️ Prefers low humidity.

Ideal Humidity

• 30%–50%

Reproduction

🌱 Propagates through seeds and division.

Seed Method

1. Sow seeds on sandy soil.
2. Keep slightly moist.
3. Place in bright indirect light.

Benefits

Attractive spotted leaves

- ✓ Compact and slow-growing
- ✓ Drought tolerant

Difficulty Level: Easy 🌱

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📍 Plot No. 24/2 Balaji Lucky Point, Old Cotton Market Road,
Shree Agro Agencies, Balaji Lucky Point, Amravati, Amravati,
Maharashtra, 444601

📞 +91 9284008858

✉️ support@nookandnature.in

🌐 www.nookandnature.in

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