



Nook & Nature

By Neha Kunal Deshmukh

Plant Care Guide

Simple steps for healthy , happy plants



English Ivy

(Hedera helix)

English Ivy, scientifically known as *Hedera helix*, is a versatile and attractive vine with lush, evergreen foliage. It features dark green, glossy leaves that are typically lobed or serrated, creating a beautiful cascading effect. This plant is known for its ability to climb and spread, making it a popular choice for both indoor and outdoor gardens.



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Origin: Europe and Western Asia

Care Level & Placement: Easy care, Indoor or outdoor plant



Light

English Ivy thrives in bright, indirect light but can tolerate lower light conditions. It can be grown as a houseplant near a window with filtered sunlight or as an outdoor plant in partial shade. Avoid direct sunlight, as it can scorch the leaves.



Water

Keep the soil consistently moist but not waterlogged. Water the plant thoroughly whenever the top inch of the soil feels dry to the touch. Indoor plants may require more frequent watering than outdoor ones, especially during hot weather.



Soil

Use a well-draining potting mix that retains moisture while allowing excess water to drain away. A mix of peat moss, perlite, and vermiculite works well for English Ivy. Aim for a slightly acidic to neutral pH range.



Fun fact

English Ivy is known for its air-purifying qualities and can help reduce airborne mold and other pollutants in indoor spaces.



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Pet Friendliness

English Ivy is toxic to cats and dogs if ingested. Keep it out of their reach to ensure their safety.



Stress Signs

Wilting Leaves: Wilting or drooping leaves are a sign of underwatering. Check the soil moisture level and water the plant adequately. Ensure proper drainage to prevent waterlogging, which can lead to root rot.

Leaf Browning or Yellowing: Browning or yellowing leaves can occur due to overwatering or inadequate drainage, causing the roots to become waterlogged. Adjust your watering routine and ensure the plant's container has drainage holes.

Stunted Growth or Leaf Loss: Insufficient light can result in stunted growth or leaf loss. If your English Ivy isn't receiving enough light, move it to a brighter location. However, avoid placing it in direct sunlight, as it can scorch the leaves.

Botanical Family: Araliaceae

Botanical Name: Hedera helix

Common Name: English Ivy, Common Ivy



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