



Nook & Nature

By Neha Kunal Deshmukh

FERTILIZER CYCLE & CARE GUIDE

Simple steps for healthy , happy plants

Chinese Cabbage Imported



Category

🌿 Leafy Vegetable

Family

🌿 Brassicaceae

Common Name

🌿 Napa Cabbage
🌿 Chinese Heading

Vairty of colour



Description

🌿 Green Globe Artichoke is a premium Mediterranean vegetable grown for its large edible flower buds. The plant forms attractive silver-green leaves and produces round green buds that are harvested before the flowers open.



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Watering

💧 **Water only when the soil is dry.**

- Summer: Once every 7–10 days
- Winter: Once every 15–20 days
- Avoid overwatering

Temperature

🌡️ **Best Temperature**

- 18°C to 28°C

Can Tolerate

- 10°C to 35°C

Protect from frost and freezing temperatures.

Sunlight

☀️ **Loves bright light.**

Ideal Light

- 3-5 hours of morning sunlight
- Bright indirect light indoors

Fertilizer

🌱 **Feed once every month during spring and summer.**

Recommended Fertilizers

- Succulent Fertilizer
- NPK 19:19:19 Liquid Fertilizer

Soil

🌿 **Requires very well-draining succulent soil.**

Simple Soil Mix

- 40% River Sand or Perlite
- 40% Garden Soil
- 20% Cocopeat or Compost

Sowing Information

North India

✅ September – December

Maharashtra & Central India

✅ September – November



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Humidity

 Prefers low humidity.

Ideal Humidity

• 30%–50%

Reproduction

- 1 Use fresh quality seeds.
- 2 Sow in trays or nursery beds.
- 3 Keep soil moist during germination.
- 4 Transplant healthy seedlings.
- 5 Provide support with stakes or cages.
- 6 Fruits mature in 70–90 days.

Benefits

 Easy to propagate through leaves, offsets, and seeds.

Leaf Propagation

1. Gently remove a healthy leaf.
2. Allow it to dry for 1–2 days.

Difficulty Level: Easy

-  Homes with sunny balconies
-  Outdoor gardens
-  Large decorative pots
-  Succulent collections
-  Commercial landscapes

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