



Nook & Nature

By Neha Kunal Deshmukh

Plant Care Guide

Simple steps for healthy , happy plants



Bird's Nest Fern

(*Asplenium nidus*)

Bird's Nest Fern is an attractive fern with broad, wavy fronds that unfurl from a central rosette. Its lush green foliage resembles a bird's nest, giving it a unique and eye-catching appearance.



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Origin: Tropical regions, including Southeast Asia and Pacific Islands

Care Level & Placement: Easy/medium care, Indoor or Outdoor (in warm and humid climates)



Light

Bright, indirect light. Avoid direct sunlight, as it can scorch the leaves.



Water

Keep the soil consistently moist but not waterlogged. Mist the leaves regularly to provide humidity.



Soil

Well-draining soil with a mix of peat moss, perlite, and other organic materials.



Fun fact

The Bird's Nest Fern can naturally collect and hold water in its central cup-like structure, providing a habitat for small organisms.



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Pet Friendliness

Generally non-toxic to pets, but it's best to keep curious pets away from chewing on the fronds.



Stress Signs

Wilting or Dry Soil: Indicates the plant needs watering. The fronds may become limp or start to brown at the tips.

Yellowing or Browning Fronds: Could be a sign of overwatering, underwatering, or exposure to excessive direct sunlight.

Stunted Growth or Loss of New Leaves: May occur if the plant lacks sufficient light or nutrients. It's important to provide proper lighting and regular fertilization to support healthy growth.



Botanical Family: Aspleniaceae

Botanical Name: Asplenium nidus

Common Name: Bird's Nest Fern



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