



Nook & Nature

By Neha Kunal Deshmukh

Plant Care Guide

Simple steps for healthy , happy plants



Bird of Paradise

(*Strelitzia reginae*)

Bird of Paradise, also known as *Strelitzia reginae*, is a striking tropical plant known for its vibrant orange and blue flowers that resemble the plumage of a bird. Its large, banana-like leaves and unique flower structure make it a captivating addition to any indoor or outdoor space.



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Origin: South Africa

Care Level & Placement: Medium care, Indoor or outdoor (in bright, sunny areas)



Light

Place it near a south-facing window indoors or in a spot with filtered sunlight outdoors. Avoid direct sunlight, as it can scorch the leaves. Adequate light is crucial for flower production.



Water

Water the plant thoroughly when the top inch of soil feels dry. Avoid overwatering or letting it sit in standing water. During winter, reduce watering frequency to prevent waterlogged roots.



Soil

Well-draining soil with good moisture retention. A mix of peat moss, perlite, and regular potting soil works well. Adding organic matter like compost can improve the soil's fertility and drainage.



Fun fact

The Bird of Paradise flower is also known as the Crane Flower, as its unique shape resembles the beak and plumage of a crane. The flowers can attract birds, especially hummingbirds, to your garden.



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Pet Friendliness

Bird of Paradise is considered mildly toxic to pets. Ingesting its leaves or flowers may cause digestive discomfort.



Stress Signs

Browning Leaf Tips: Browning leaf tips can indicate low humidity levels or excessive salts in the soil. Increase humidity around the plant by misting the leaves regularly or using a humidifier. Flush the soil periodically with water to leach out excess salts..

Lack of Flowering: If your Bird of Paradise fails to produce flowers, it may be due to inadequate light or insufficient maturity. Ensure the plant receives enough bright, indirect light, and be patient as it may take a few years for young plants to reach flowering age.

Yellowing Leaves: Yellowing leaves can be a sign of overwatering or improper drainage. Ensure the pot has drainage holes to prevent waterlogging, which can lead to root rot.



Botanical Family: Strelitziaceae

Botanical Name: Strelitzia reginae

Common Name: Bird of Paradise, Crane Flower



Plot No. 24/2 Balaji Lucky Point, Old Cotton Market Road,
Shree Agro Agencies, Balaji Lucky Point, Amravati, Amravati,
Maharashtra, 444601



+91 9284008858



support@nookandnature.in



www.nookandnature.in



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