

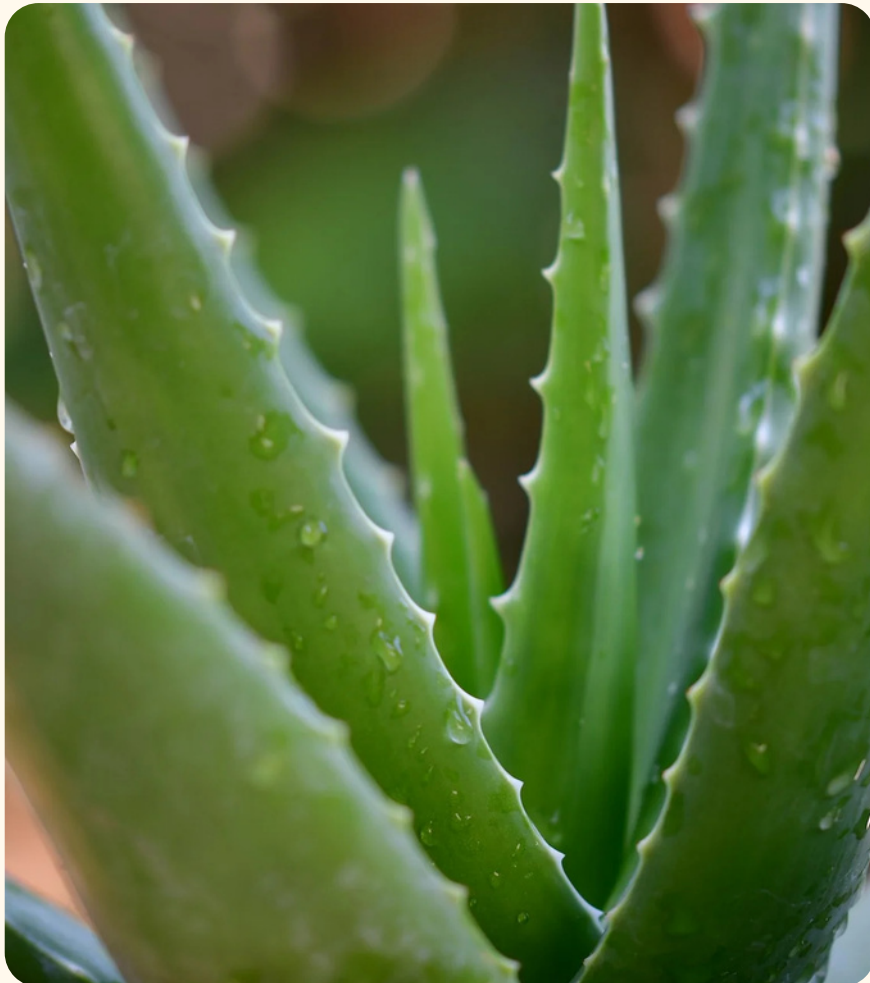


Nook & Nature

By Neha Kunal Deshmukh

Plant Care Guide

Simple steps for healthy , happy plants



Aloe Vera

(Aloe Babbadensis)

Aloe Vera is a succulent plant with thick, fleshy leaves that form a rosette. The leaves are green and have serrated edges, and the plant may produce tall spikes of tubular yellow or orange flowers.



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Origin: The Arabian Peninsula but is widely cultivated around the world.

Care Level & Placement: Easy , Indoor & Outdoor Plant



Light

Aloe Vera thrives in bright, indirect sunlight. It can tolerate some direct sunlight, especially in the morning or evening, but intense, prolonged sunlight can lead to sunburn. Place it near a sunny window indoors or provide partial shade if growing it outdoors..



Water

Allow the soil to dry out between waterings. Aloe Vera is drought-tolerant and can withstand periods of dryness. Water thoroughly but infrequently, ensuring that excess water drains away. Overwatering can lead to root rot, so it's better to underwater than overwater.



Soil

Plant Aloe Vera in well-draining soil. Use a cactus or succulent potting mix or create a blend of regular potting soil with sand or perlite to improve drainage. Avoid heavy or compacted soils that retain moisture.



Fun fact

Aloe Vera has been used for centuries for its medicinal properties. The gel inside the leaves is known for its soothing and healing properties, making it a popular ingredient in skincare and health products.



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Pet Friendliness

Aloe Vera can be mildly toxic to pets if ingested. The gel and sap of the plant contain compounds that may cause gastrointestinal discomfort in animals.



Stress Signs

Wilting or shriveled leaves: Underwatering or prolonged dryness can cause Aloe Vera leaves to wilt, become soft, or appear shriveled. Adjust the watering routine and provide sufficient hydration to the plant.

Brown or yellow leaves: Overwatering or excessive moisture can lead to rotting or root issues, resulting in brown or yellow leaves. Ensure proper drainage and adjust the watering frequency to prevent waterlogged conditions.

Pale or stretched growth: Insufficient light can cause Aloe Vera to grow pale, elongated leaves that lean towards the light source. If your Aloe Vera appears leggy or stretched, it may indicate a need for more direct sunlight.



Botanical Family: Asphodelaceae

Botanical Name: Aloe vera

Common Name: Aloe Vera, True Aloe, Medicinal Aloe



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